

What Participants Learn

- Children's reaction to divorce or separation at each developmental stage.
- Impact of post divorce or separation conflict on children.
- Long term impact on children who are caught in loyalty conflicts.
- Creating a businesslike relationship.
- Qualities of a successful co-parenting relationship.
- Effective communication.
- Understanding anger.
- Conflict resolution techniques.

Parent Education Referral List for High Conflict Parents

If the PWC program schedule is not convenient for you, there are privately-run programs. An alternate list of resources can be found on the Court's website: www.lasuperiorcourt.org/familylaw/ or call 213-974-5524 "press 3" to request a copy.

The Los Angeles Superior Court does not endorse any person or agency on this list. The facilitators are **NOT** employees of the Court. However, these programs have met a minimum criteria in order to be placed on the list. Each program establishes its own format and fees. Each judicial officer has the discretion to accept the alternative program as a substitution for PWC.

Note: Please be sure to obtain prior approval from the Court before enrolling in a privately run program.



Los Angeles Superior Court
www.lasuperiorcourt.org

Parenting Without Conflict 2008



What is Parenting Without Conflict?

The Parenting Without Conflict Program is an educational program that assists parents who are in high conflict to understand the effects of parental conflict on their children. Parents learn the benefits of cooperative parenting, conflict resolution, problem-solving, and communication skills.

The program consists of six (6) consecutive sessions from 1:15 to 4:15 p.m. At the conclusion of the six sessions, a follow-up mediation session is available and may be required for each parenting partner.

Program Format

Through a group format, the program incorporates lectures, skill development, small group discussions, parental interaction, and practice sessions to apply newly developed conflict resolution skills.

By design, the groups are small in order to maximize the ability of the facilitator to solicit and coordinate the participation of every member of the group. This format allows the participants to support and respond to the issues raised within the group. In this setting, the participants frequently develop a sense of connection to each other and a level of empathy for the problems experienced by other group members. At the same time, the group is large enough to explore a range of different circumstances and experiences.

Each participant in the small group format is asked at the beginning of the program to sign a confidentiality statement. In order for free, spontaneous, and uninhibited expression of opinions and feelings, confidentiality must be assured. Parents must understand that information shared during the sessions should not be shared with children, nor used by one parent against the other parent.

Domestic Violence

There are situations where joint attendance is not feasible or appropriate, such as cases where parents have restraining orders and a history of domestic violence, substance abuse, or mental illness.

There are also parents who refuse to attend the sessions with the other parent or who simply do not comply with the court order.

Under these circumstances, parents will be assigned into a larger group of 3, three-hour sessions which consists primarily of lectures with limited small group exercises. While the educational materials are similar to those offered in the small groups, the parents in the large group will not have the benefit of interacting directly with each other and practicing what they have learned.

If both parents are registered in the program, the decision as to whether they will be assigned to a large group or a small group is made after a telephone assessment with each party is conducted by a Family Court Services screener.

Program Goals

To Help Parents:

- Understand their children's reaction to divorce and separation at each developmental stage.
- Understand how conflict between parents negatively impacts their children.
- Develop techniques for successful communication and co-parenting skills.
- Practice and model conflict resolution skills to assist parents who feel locked into an endless cycle of conflict with little or no hope of resolution.

Who is Eligible?

- Parents who repeatedly litigate their child custody and visitation issues.
- Parents who do not have a restraining order or long history of domestic violence.
- Parents who do not have a history of significant mental illness.
- Parents who do not have a current or significant substance abuse issue.

Enrollment Procedures & Fees

The cost for attending in PWC is \$25 per person, per series. Enrollment must be accompanied by a completed Registration Form and Payment. *Proof of a fee waiver will be accepted as payment.* Enrollees may register either in person or by mail:

Registration In Person: Registration forms are available at Family Court Services, 111 N. Hill Street, Room 241, Los Angeles, CA 90012 and in all district Family Law courtrooms. Payment is accepted by check, cash, money order, credit card or proof of a fee waiver. In person registration and payment is only accepted at this courthouse.

Registration by Mail: Send registration form and payment to:

Family Court Services

111 N. Hill Street, Room 241
Los Angeles, CA 90012
Attn: PWC

All payments by mail must be made by check, money order, or proof of fee waiver. **DO NOT SEND CASH.** All checks or money orders must be made payable to "Los Angeles Superior Court."

No registrations will be accepted without payment or proof of a fee waiver. Telephone registration is no longer accepted. You may, however, call and request that a registration form be sent to you. Call 213-974-5524, press "3" to bypass the message.

Registrations postmarked/received after the series deadline will result in attendees being placed in the following series. Please allow three weeks for your letter of confirmation to be sent.

Note: NO REFUNDS WILL BE GIVEN.

Only credit for future series enrollment will be given. Sorry, no exceptions.

PWC Dates 2008

Los Angeles Central Parents attending alone 111 N. Hill St., Room 222 Tuesday: 1:15-4:15 p.m.	
Series I:	1/8, 1/15, 1/22
Series II:	3/11, 3/18, 3/25
Series III:	5/13, 5/20, 5/27
Series IV:	7/15, 7/22, 7/29
Series V:	9/16, 9/23, 9/30
Series VI:	11/4, 11/18, 11/25

Los Angeles Central Parents attending together 111 N. Hill St., Room 222 Tuesday: 1:15-4:15 p.m.	
Series I:	1/8, 1/15, 1/22, 1/29, 2/5, 2/19
Series II:	3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Series III:	5/13, 5/20, 5/27, 6/3, 6/10, 6/17
Series IV:	7/15, 7/22, 7/29, 8/5, 8/12, 8/19
Series V:	9/16, 9/23, 9/30, 10/7, 10/14, 10/21
Series VI:	11/4, 11/18, 11/25, 12/2, 12/9, 12/16

Los Angeles Central - SPANISH Parents attending alone or together 111 N. Hill Street, Room 222 Tuesday: 1:15-4:15 p.m.	
Series I:	No Spanish classes
Series II:	4/1, 4/8, 4/15
Series III:	No Spanish classes
Series IV:	8/5, 8/12, 8/19
Series V:	No Spanish classes
Series VI:	12/2, 12/9, 12/16

Burbank Courthouse Parents attending together 300 E. Olive, Room 100 Wednesday: 1:15-4:15 p.m.	
Series I:	1/9, 1/16, 1/23, 1/30, 2/6, 2/20
Series II:	3/12, 3/19, 3/26, 4/2, 4/9, 4/16
Series III:	5/14, 5/21, 5/28, 6/4, 6/11, 6/18
Series IV:	7/16, 7/23, 7/30, 8/6, 8/13, 8/20
Series V:	9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Series VI:	11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Chatsworth Superior Court Parents attending together 9425 Penfield Ave., Room 1250 Tuesday: 1:15-4:15 p.m.	
Series I:	1/8, 1/15, 1/22, 1/29, 2/5, 2/19
Series II:	3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Series III:	5/13, 5/20, 5/27, 6/3, 6/10, 6/17
Series IV:	7/15, 7/22, 7/29, 8/5, 8/12, 8/19
Series V:	9/16, 9/23, 9/30, 10/7, 10/14, 10/21
Series VI:	11/4, 11/18, 11/25, 12/2, 12/9, 12/16

Pomona Superior Court Parents attending together 400 Civic Center Plaza, Cafeteria 7th Floor Wednesday: 1:15-4:15 p.m.	
Series I:	1/9, 1/16, 1/23, 1/30, 2/6, 2/20
Series II:	3/12, 3/19, 3/26, 4/2, 4/9, 4/16
Series III:	5/14, 5/21, 5/28, 6/4, 6/11, 6/18
Series IV:	7/16, 7/23, 7/30, 8/6, 8/13, 8/20
Series V:	9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Series VI:	11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Van Nuys Courthouse Parents attending together 6230 Sylmar Ave., Room 440 Tuesday: 1:15-4:15 p.m.	
Series I:	1/8, 1/15, 1/22, 1/29, 2/5, 2/19
Series II:	3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Series III:	5/13, 5/20, 5/27, 6/3, 6/10, 6/17
Series IV:	7/15, 7/22, 7/29, 8/5, 8/12, 8/19
Series V:	9/16, 9/23, 9/30, 10/7, 10/14, 10/21
Series VI:	11/4, 11/18, 11/25, 12/2, 12/9, 12/16

Van Nuys Courthouse Parents attending together 6230 Sylmar Ave., Room 440 Wednesday: 1:15-4:15 p.m.	
Series I:	1/9, 1/16, 1/23, 1/30, 2/6, 2/20
Series II:	3/12, 3/19, 3/26, 4/2, 4/9, 4/16
Series III:	5/14, 5/21, 5/28, 6/4, 6/11, 6/18
Series IV:	7/16, 7/23, 7/30, 8/6, 8/13, 8/20
Series V:	9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Series VI:	11/5, 11/12, 11/19, 12/3, 12/10, 12/17

ENROLLMENT DEADLINES:

Series I:	12/7/07
Series II:	2/15/08
Series III:	4/11/08
Series IV:	6/13/08
Series V:	8/8/08
Series VI:	10/3/08

All enrollment is dependent upon space availability. Each parent must enroll separately.

Note: All participants must be court-ordered. Both parents must attend the same classes - except in domestic violence cases. Only parents are allowed to attend the program. No stepparents or other extended family members will be included. BOTH PARENTS MUST ATTEND THE SAME CLASS UNLESS OTHERWISE INSTRUCTED.