

# PARENT EDUCATION REFERRAL LIST

## FOR HIGH CONFLICT PARENTS

(Revised January 2010)

This list is compiled as a courtesy for Family Law litigants and is not meant as an endorsement or recommendation of any individual or organization listed. **Note:** The parent education programs indicated below do not fulfill the requirements of the “*Parents Beyond Conflict*” Dependency Court program.

Agency or Individual	Qualifications
<b>A Cornerstone Counseling Center</b>	<p><b>Coordinator:</b> Scott T. Barrella, MS, LMFT  <b>Address:</b> 7277 Valjean Avenue, Van Nuys 91406 or 1633 Erringer Road #203B, Simi Valley 93065  <b>Telephone:</b> 805-582-2619 (applies to both locations)  <b>Website:</b> CornerstoneSV.com  <b>E-mail:</b> <a href="mailto:cornerstonesb@aol.com">cornerstonesb@aol.com</a>  <b>Fee per parent per session:</b> \$20 sliding  <b>Language skills:</b> Spanish/taught by interns  <b>Length of Program:</b> 10 hours over 5 sessions  <b>Attendance:</b> Parents attend individually only.  <b>Class Size:</b> 5-15 participants  <b># of years experience:</b> 20</p>
<b>A New Paradigm for Parenting</b>	<p><b>Coordinator:</b> Tamar Springer, LCSW  <b>Address:</b> 11911 San Vicente Blvd. #240, Los Angeles 90049  <b>Telephone:</b> 310-207-3167  <b>E-mail:</b> <a href="mailto:tamarspringer@verizon.net">tamarspringer@verizon.net</a>  <b>Fee per parent per session:</b> Private: \$175 per hour; Class: \$400 per person  <b>Language skills:</b> English only  <b>Length of program:</b> 12 hours over six sessions  <b>Attendance:</b> Parents can attend separately or together.  <b>Class size:</b> Private or maximum class size =10  <b># of years experience:</b> 17</p>
<b>Better Parenting, Better Divorce</b>	<p><b>Coordinator:</b> Vi Ballard, MFT, MA  <b>Address:</b> 3424 W. Carson St. #580, Torrance 90503  <b>Telephone:</b> 310-373-7994  <b>E-mail:</b> <a href="mailto:hitovi@verizon.net">hitovi@verizon.net</a>  <b>Fee per parent per session:</b> \$350 per parent  <b>Language skills:</b> English. Limited Spanish.  <b>Length of program:</b> 6 meetings, 2 hours per session, 5 to 7 p.m.  <b>Attendance:</b> Require both parents to attend together unless otherwise determined.  <b>Class size:</b> Maximum 14  <b># of years experience:</b> 13 years</p>

<p><b>Breakthrough Parenting</b></p>	<p><b>Coordinator:</b> Marilyn Dyson, M.A., MFTI  <b>Address:</b> P. O. Box 45193, Los Angeles 90045  <b>Telephone:</b> 323-596-1255  <b>E-mail:</b> <a href="mailto:info@marilyndyson.com">info@marilyndyson.com</a>  <b>Fee per parent per session:</b> \$30-\$50; Entire class \$340 with materials  <b>Language skills:</b> English only  <b>Length of program:</b> 16 hours  <b>Attendance:</b> Parents can attend together or separately  <b>Class size:</b> up to 16  <b># of years experience:</b> 7</p>
<p><b>California Family Counseling Center</b></p>	<p><b>Coordinator:</b> Sandy Terranova, MA  <b>Address:</b> 5445 Balboa Blvd., Encino 91316  <b>Telephone:</b> 818-386-5615  <b>E-mail:</b> <a href="mailto:sandyt@pgi.edu">sandyt@pgi.edu</a>  <b>Fee per parent per session:</b> \$25 individuals; \$40 couples; 20% discount if prepaid  <b>Language skills:</b> Agency therapists speak Spanish, Farsi, and others  <b>Length of program:</b> 10 sessions/1.5 hours each  <b>Attendance:</b> Parents can attend together or separately  <b>Class size:</b> 8-12  <b># of years experience:</b> 20</p>
<p><b>CHANNELS Of Understanding</b>          (To download flyer and registration form:  <a href="http://www.aronsohntherapy.com/channels.htm">www.aronsohntherapy.com/channels.htm</a>)</p>	<p><b>Coordinator:</b> Mary Ann Aronsohn, MA, LMFT  <b>Address:</b> 1910 Huntington Drive, South Pasadena 91030-4812  <b>Telephone:</b> 626-441-5131  <b>E-mail:</b> <a href="mailto:m.aronsohn@att.net">m.aronsohn@att.net</a>  <b>Fee per parent per session:</b> \$400 per person for entire course  <b>Language skills:</b> English only  <b>Length of program:</b> 8 weeks (16 hours)  <b>Attendance:</b> Prefer both parents to attend together, unless otherwise determined.  <b>Class size:</b> Maximum 16  <b># of years experience:</b> Licensed since 1989</p>
<p><b>City of Palmdale,          Families in Action</b></p>	<p><b>Supervisor:</b> Kari Robertson  <b>Address:</b> 827 E. Ave Q-9 , Palmdale 93550  <b>Telephone:</b> 661-267-5665  <b>E-mail:</b> <a href="mailto:krobertson@cityofpalmdale.org">krobertson@cityofpalmdale.org</a>  <b>Fee per parent per session:</b> \$30-\$55 for entire course w/workbook  <b>Language skills:</b> English only  <b>Length of program:</b> 2.5 hours per week, 8 week course  <b>Attendance:</b> Parents can attend together or separately  <b>Class size:</b> up to 16  <b># of years experience:</b> 18 years in parent education/4 in mediation  <b>Website:</b> <a href="http://cityofpalmdale.org/familiesinaction">cityofpalmdale.org/familiesinaction</a></p>

<p><b>Cooperative Parenting Resolutions (CPR)</b></p>	<p><b>Coordinator:</b> Linda Struthoff, MS, MFT  <b>Address:</b> 20700 Ventura Blvd., Ste. 210, Woodland Hills 91364  <b>Telephone:</b> 818-390-3910  <b>E-mail:</b> <a href="mailto:lindastruthoff@yahoo.com">lindastruthoff@yahoo.com</a>  <b>Fee per parent per session:</b> \$325 entire course. Private sessions available, \$90-\$110 per one hour session.  <b>Language skills:</b> English only  <b>Length of program:</b> 12 hours. 6 sessions (2 hours each)  <b>Attendance:</b> Parents may attend together or separately  <b>Class size:</b> Average 6-8 individuals; appropriate up to 16  <b># of years experience:</b> 15</p>
<p><b>Co-Parenting After Divorce</b></p>	<p><b>Coordinators:</b> John Serata, MA, MFT; Bonny White, MA, MFT  <b>Address:</b> 11260 Wilber Avenue, Ste. 302, Northridge 91326  <b>Telephone:</b> 818-796-4201  <b>E-mail:</b> <a href="mailto:jserata@socal.rr.com">jserata@socal.rr.com</a>  <b>Fee per parent per session:</b> Private: \$160 per hour; Entire class: \$360 per person  <b>Language skills:</b> English only  <b>Length of program:</b> 12 hours over 6 sessions  <b>Attendance:</b> Parents can attend together or separately  <b>Class size:</b> 12  <b># of years experience:</b> Each facilitator has 11 years' experience</p>
<p><b>Co-Parenting ReSolutions</b></p>	<p><b>Coordinator:</b> JoAnn McKarus, M.A., M.F.T.  <b>Address:</b> 12011 San Vicente Blvd. #200, Brentwood, 90049  <b>Telephone:</b> 310-207-0079  <b>E-mail:</b> <a href="mailto:divsupport@aol.com">divsupport@aol.com</a>  <b>Fee per parent per session:</b> \$350 entire course  <b>Language skills:</b> English only  <b>Length of program:</b> 6 week, 2 hour class  <b>Attendance:</b> Parents can attend together or separately  <b>Class size:</b> 16 maximum  <b># of years experience:</b> 16</p>
<p><b>Co-Parent Solutions</b></p>	<p><b>Coordinator:</b> Albert R. Gibbs, Ph.D.  <b>Address:</b> 3440 Motor Avenue, Ste. 210, Los Angeles 90034  <b>Telephone:</b> 310-559-5233  <b>E-mail:</b> <a href="mailto:gibbsphd@aol.com">gibbsphd@aol.com</a>  <b>Fee per parent per session:</b> \$360 per parent for 12 hour, 6 week skills-building class  <b>Language skills:</b> English only  <b>Length of program:</b> See above  <b>Attendance:</b> Parents can attend together or separately  <b>Class Size:</b> 16  <b># of years experience:</b> 29 years</p>

<p><b>Co-Parenting With Your Ex (COPE)</b></p>	<p><b>Coordinator:</b> Carol Hirshfield, Ph.D., and Tara Fass, LMFT  <b>Address:</b> 11340 W. Olympic Blvd., #265, Los Angeles 90064  <b>Telephone:</b> 310-473-3200(Hirshfield) 323-333-4340(Fass)  <b>Website:</b> <a href="http://www.drcarolhirshfield.com">www.drcarolhirshfield.com</a>  <b>E-mail:</b> <a href="mailto:drhirshfield@aol.com">drhirshfield@aol.com</a>  <b>Fee per parent per session:</b> \$360 per parent  <b>Language skills:</b> English only  <b>Length of program:</b> 2 hours for 6 weeks (12 hours)  <b>Attendance:</b> Parents can attend together or separately.  <b>Class Size:</b> 16 maximum  <b># of years experience:</b> 25 years (Hirshfield) 15 (Fass)</p>
<p><b>Five Star Counseling &amp; Educational Services</b></p>	<p><b>Coordinator:</b> Elsa Salguero, Ph.D.  <b>Address:</b> 6205 Laurel Canyon Blvd., No. Hollywood 91606  <b>Telephone:</b> 818-763-6615  <b>E-mail:</b> <a href="mailto:esalguero@aol.com">esalguero@aol.com</a>  <b>Fee per parent per session:</b> Fees determined by the participant's household monthly income. Consideration is given to financial responsibilities such as number of family members and financial hardships. Call for sliding scale information.  <b>Language skills:</b> Spanish  <b>Length of program:</b> 6 week, 2 hour class  <b>Attendance:</b> Parents can attend together or separately.  <b>Class size:</b> 16  <b># of years experience:</b> 23</p>
<p><b>Intercommunity Counseling Center</b></p>	<p><b>Coordinator:</b> Garry Francis Mohr, MFT  <b>Address:</b> 7702 Washington Ave., Ste. D, Whittier; Mailing Address: P. O. Box 9046, Whittier 90608-9046  <b>Telephone:</b> 562-698-1272  <b>E-mail:</b> <a href="mailto:iccwhittier@verizon.net">iccwhittier@verizon.net</a>  <b>Fee per parent per session:</b> sliding scale  <b>Language skills:</b> English only  <b>Length of Program:</b> 16 hours. 8 sessions of 2 hours  <b>Attendance:</b> Parents can attend together or separately.  <b>Class size:</b> 16  <b># of years experience:</b> 9 years</p>
<p><b>Keeping Kids First Reiss-Davis Child Study Center</b></p>	<p><b>Coordinators:</b> Renee Schwartz, Ph.D., LCSW, and Carol Silbergeld, LCSW, BCD  <b>Address:</b> 3200 Motor Avenue, Los Angeles 90034  <b>Telephone:</b> 310-204-1666 Ext. 330  <b>E-mail:</b> <a href="mailto:ReneeSchwartz1@verizon.net">ReneeSchwartz1@verizon.net</a>, or <a href="mailto:CSilbergeld@aol.com">CSilbergeld@aol.com</a>  <b>Fee per parent per session:</b> \$360 for entire class  <b>Language skills:</b> English only  <b>Length of program:</b> 6 weeks, 2 hours per session  Groups for children/adolescents offered at the same time. Call for information.  <b>Attendance:</b> Parents attend individually or together  <b>Class size:</b> 6-12  <b># of years experience:</b> 30+ years/each coordinator</p>

<b>Mastering the Art of Co-Parenting</b>	<p><b>Coordinator:</b> Renee Leff, MFT, JD  <b>Address:</b> 21243 Ventura Blvd., Ste. #203, Woodland Hills 91364 and 520 S. Sepulveda, Ste. 305, Los Angeles 90049  <b>Telephone:</b> 818-734-9602, 310-535-7975  <b>E-mail:</b> <a href="mailto:lefforensic@yahoo.com">lefforensic@yahoo.com</a>  <b>Fee per parent:</b> \$385 per parent for the entire class  <b>Language skills:</b> English only  <b>Length of program:</b> 12 hours: 6 sessions of 2 hours per session  <b>Attendance:</b> Parents can attend together or separately  <b>Class size:</b> 4 couples or 8 individuals  <b># of years experience:</b> 13 years</p>
<b>Prevention Network</b>	<p><b>Coordinator:</b> Tobias Desjardins, LCSW  <b>Address:</b> Westwood, Pasadena, Cerritos, Orange, San Diego, Redlands, Palm Springs, and Hemet (call or go online for specific locations)  <b>Telephone:</b> 888-288-1614  <b>Web Site:</b> <a href="http://www.WhatIsCoparenting.com">www.WhatIsCoparenting.com</a>  <b>Fee per parent per session:</b> \$325-see discounts/sliding scale information online  <b>Language skills:</b> English, limited Spanish  <b>Length of Program:</b> 3 session program (10 hours). Executive format-parents complete the full program in one weekend (Sessions 1 &amp; 2 on Saturday-Session 3 on Sunday)  <b>Attendance:</b> Parents can attend together or separately  <b>Class size:</b> Maximum of 16  <b># of years experience:</b> 10+ in mental health</p>
<b>Solutions for Families</b>	<p><b>Coordinator:</b> Lynn A. Gardiner, M.A., L.M.F.T.  <b>Address:</b> 5175 E. Pacific Coast Highway, Ste. 304, Long Beach 90804  <b>Telephone:</b> 888-583-5437  <b>E-mail:</b> <a href="http://solutions4families.org">solutions4families.org</a>  <b>Fee per parent per session:</b> Part A: \$75; Part B:\$320; Part A for step parents: \$37.50  <b>Language skills:</b> Spanish  <b>Length of program:</b> Part A: 3 hours; Part B: 3 sessions 3.5 hours each  <b>Attendance:</b> Part A: Parents together or separately; Part B: Parents together  <b>Class size:</b> Up to 10 participants in Part B  <b># of years experience:</b> 19 years in mental health field</p>
<b>Valley Center for the Prevention of Family Violence</b>	<p><b>Coordinator:</b> Virginia Baldioli, MA, MFCC, Director  <b>Address:</b> 13655 Victory Blvd., Ste. 201, Van Nuys 91401 or 20944 Sherman Way, Ste. 209, Canoga Park 91303  <b>Telephone:</b> 818-786-2079 (Van Nuys) or 818-883-2132 (Canoga Park)  <b>E-mail:</b> N/A  <b>Fee per parent per session:</b> Sliding scale  <b>Language skills:</b> English, Spanish  <b>Length of program:</b> 6 weeks, 2 hour class  <b>Attendance:</b> May require both parents to attend together, parents may attend together or separately, or parents may attend individually only.  <b>Class size:</b> 15  <b># of years experience:</b> 25</p>