

PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

In an effort to assist litigants in locating mental health professionals who provide specialized parent education focused on reducing conflict for separated and divorced parents, the Los Angeles Superior Court has developed a list of professionals, agencies, or programs in both the private and public sector. This list is compiled as a courtesy for Family Law litigants and is not meant as an endorsement or recommendation of any individual or organization listed.

Disclaimer:

The Los Angeles Superior Court does not endorse any person or agency on this list. The persons and agencies on the list are not employees or agencies of the Los Angeles Superior Court. Arrangements to engage the services of any person or agency on the list are independent contracts between those individuals and agencies and the persons engaging their services, to which the Los Angeles Superior Court is not a party. The Los Angeles Superior Court has the discretion to remove any individual from the list should information be brought to the Court's attention indicating that an individual or agency should be removed from the list. Complaints concerning any individual or agency on the referral list should be submitted in writing to Family Court Services.

NOTE: *The parent education programs indicated below may not fulfill the requirements of the "Parents Beyond Conflict" Dependency Court program.*

| Agency or Individual | Qualifications |
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| A Cornerstone Counseling Center | <p>Coordinator: Scott T. Barrella, MS, LMFT Address: 7277 Valjean Avenue, Van Nuys 91406 or 1633 Erringer Road #203B, Simi Valley 93065 Telephone: 805-582-2619 (applies to both locations) Website: CornerstoneSV.com E-mail: cornerstonesb@aol.com Fee per parent per session: \$20 sliding Language skills: Spanish/taught by interns Length of Program: 10 hours over 5 sessions Attendance: Parents attend individually only. Class Size: 5-15 participants # of years experience: 20</p> |
| A New Paradigm for Parenting | <p>Coordinator: Tamar Springer, LCSW Address: 11911 San Vicente Blvd. #240, Los Angeles 90049 Telephone: 310-207-3167 E-mail: tamarspringer@verizon.net Fee per parent per session: Private: \$175 per hour; Class: \$400 per person Language skills: English only Length of program: 12 hours over six sessions Attendance: Parents can attend separately or together. Class size: Private or maximum class size =10 # of years experience: 17</p> |
| Better Parenting, Better Divorce | <p>Coordinator: Vi Ballard, MFT, MA Address: 21535 Hawthorne Blvd. #585, Torrance 90503 Telephone: 310-373-7994 E-mail: hitovi@verizon.net Fee per session: \$360 Language skills: English only Length of program: 6 meetings, 2 hours per session, 5:30 p.m. to 7:30 p.m. Attendance: Both parents to attend unless otherwise determined. Class size: Maximum 14 # of years experience: 25</p> |

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| <p>Breakthrough Parenting</p> | <p>Coordinator: Marilyn Dyson, M.A., MFTI Address: P. O. Box 45193, Los Angeles 90045 Telephone: 323-596-1255 E-mail: info@marilyndyson.com Fee per parent per session: \$30-\$50; Entire class \$340 with materials Language skills: English only Length of program: 16 hours Attendance: Parents can attend together or separately Class size: up to 16 # of years experience: 7</p> |
| <p>California Family Counseling Center</p> | <p>Coordinator: Sandy Terranova, MA Address: 5445 Balboa Blvd., Encino 91316 Telephone: 818-386-5615 E-mail: sandyt@pgi.edu Fee per parent per session: \$25 individuals; \$40 couples; 20% discount if prepaid Language skills: Agency therapists speak Spanish, Farsi, and others Length of program: 10 sessions/1.5 hours each Attendance: Parents can attend together or separately Class size: 8-12 # of years experience: 20</p> |
| <p>CHANNELS Of Understanding (To download flyer and registration form: www.aronsohntherapy.com/channels.htm)</p> | <p>Coordinator: Mary Ann Aronsohn, MA, LMFT Address: 1910 Huntington Drive, South Pasadena 91030-4812 Telephone: 626-441-5131 E-mail: m.aronsohn@att.net Fee per parent per session: \$400 per person for entire course Language skills: English only Length of program: 8 weeks (16 hours) Attendance: Prefer both parents to attend together, unless otherwise determined. Class size: Maximum 16 # of years experience: Licensed since 1989</p> |
| <p>Child Sharing On-line Co-Parenting Classes</p> | <p>Coordinator: Diana Libs To Register: www.ChildSharing.com Class Format: Two classes: Co-Parenting for Families Raising Children Between Two Homes and Parenting During Divorce: The Challenge of Change. Length of program: 4, 6, and 8 hour online class format. Language: Offered in English and Spanish. Attendance: Classes are offered online, accessible 24 hours. Fee per parent: \$39.99 for 4 hours, \$59.99 for 6 hours, \$79.99 for 8 hours.</p> |
| <p>City of Palmdale, Families in Action</p> | <p>Supervisor: Kari Fortson-Robertson Address: 41770 12th Street West, Ste. C, Palmdale 93551 Telephone: 661-466-5114 E-mail: krobertson@cityofpalmdale.org Fee per parent per session: \$30-\$55 for entire course w/workbook Language skills: English only Length of program: 2.5 hours per week, 8 week course Attendance: Parents can attend together or separately Class size: up to 16 # of years experience: 18 years in parent education/4 in mediation Website: cityofpalmdale.org/familiesinaction</p> |
| <p>Cooperative Parenting Resolutions (CPR)</p> | <p>Coordinator: Linda Struthoff, MS, MFT Address: 20700 Ventura Blvd., Ste. 210, Woodland Hills 91364 Telephone: 818-390-3910 E-mail: lindastruthoff@yahoo.com Fee per parent per session: \$325 entire course. Private sessions available, \$90-\$110 per one hour session. Language skills: English only Length of program: 12 hours. 6 sessions (2 hours each) Attendance: Parents may attend together or separately Class size: Average 6-8 individuals; appropriate up to 16</p> |

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| | # of years experience: 15 |
| Co-Parenting After Divorce | <p>Coordinators: John Serata, MA, MFT; Bonny White, MA, MFT Address: 11260 Wilber Avenue, Ste. 302, Northridge 91326 Telephone: 818-796-4201 E-mail: jserata@socal.rr.com Fee per parent per session: Private: \$160 per hour; Entire class: \$360 per person Language skills: English only Length of program: 12 hours over 6 sessions Attendance: Parents can attend together or separately Class size: 12 # of years experience: Each facilitator has 11 years' experience</p> |
| Co-Parenting ReSolutions | <p>Coordinator: JoAnn McKarus, M.A., M.F.T. Address: 12011 San Vicente Blvd. #200, Brentwood, 90049 Telephone: 310-207-0079 E-mail: divsupport@aol.com Fee per parent per session: \$350 entire course Language skills: English only Length of program: 6 week, 2 hour class Attendance: Parents can attend together or separately Class size: 16 maximum # of years experience: 16</p> |
| Co-Parent Solutions | <p>Coordinator: Albert R. Gibbs, Ph.D. Address: 3440 Motor Avenue, Ste. 210, Los Angeles 90034 Telephone: 310-559-5233 E-mail: gibbsphd@aol.com Fee per parent per session: \$360 per parent for 12 hour, 6 week skills-building class Language skills: English only Length of program: See above Attendance: Parents can attend together or separately Class Size: 16 # of years experience: 29</p> |
| Co-Parenting With Your Ex (COPE) | <p>Coordinator: Carol Hirshfield, Ph.D., Address: 11340 W. Olympic Blvd., #265, Los Angeles 90064 Telephone: 310-473-3200(Hirshfield) Website: www.drcarolhirshfield.com E-mail: drhirshfield@aol.com Fee per parent per session: \$360 per parent Language skills: English only Length of program: 2 hours for 6 weeks (12 hours) Attendance: Parents can attend together or separately. Class Size: 16 maximum # of years experience: 25</p> |
| Five Star Counseling & Educational Services | <p>Coordinator: Elsa Salguero, Ph.D. Address: 6205 Laurel Canyon Blvd., No. Hollywood 91606 Telephone: 818-763-6615 E-mail: esalguero@aol.com Fee per parent per session: Fees determined by the participant's household monthly income. Consideration is given to financial responsibilities such as number of family members and financial hardships. Call for sliding scale information. Language skills: Spanish Length of program: 6 week, 2 hour class Attendance: Parents can attend together or separately. Class size: 16 # of years experience: 23</p> |
| Helping Families Through Divorce and Group Central: Groups for Life | <p>Coordinator: Ellen Kimmel, LCSW Address: 3528 W. Torrance Blvd. #210, Torrance Additional Offices in Marina Del Rey and Los Angeles Telephone: 323-447-8372 and 310-709-5915 E-mail: ekimmel@helpingfamielsthroughdivorce.com Fee per parent per session: \$30-\$50</p> |

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| | <p>Language skills: English only Length of Program: 6 weeks - 2 hours each session Attendance: Parents can attend together or separately. Class size: 6-16 # of years experience: 30</p> |
| Intercommunity Counseling Center | <p>Coordinator: Garry Francis Mohr, MFT Address: 7702 Washington Ave., Ste. D, Whittier; Mailing Address: P. O. Box 9046, Whittier 90608-9046 Telephone: 562-698-1272 E-mail: iccwhittier@verizon.net Fee per parent per session: sliding scale Language skills: English only Length of Program: 16 hours. 8 sessions of 2 hours Attendance: Parents can attend together or separately. Class size: 16 # of years experience: 9</p> |
| Keeping Kids First Reiss-Davis Child Study Center | <p>Coordinators: Renee Schwartz, Ph.D., LCSW, and Carol Silbergeld, LCSW, BCD Address: 3200 Motor Avenue, Los Angeles 90034 Telephone: 310-204-1666 Ext. 330 E-mail: ReneeSchwartz1@verizon.net, or CSilbergeld@aol.com Fee per parent per session: \$360 for entire class Language skills: English only Length of program: 6 weeks, 2 hours per session Groups for children/adolescents offered at the same time. Call for information. Attendance: Parents attend individually or together Class size: 6-12 # of years experience: 30+ years/each coordinator</p> |
| Mastering the Art of Co-Parenting | <p>Coordinator: Renee Leff, MFT, JD Address: 21243 Ventura Blvd., Ste. #203, Woodland Hills 91364 and 520 S. Sepulveda, Ste. 305, Los Angeles 90049 Telephone: 818-734-9602, 310-535-7975 E-mail: lefforensic@yahoo.com Fee per parent: \$385 per parent for the entire class Language skills: English only Length of program: 12 hours: 6 sessions of 2 hours per session Attendance: Parents can attend together or separately Class size: 4 couples or 8 individuals # of years experience: 13 years</p> |
| Prevention Network | <p>Coordinator: Tobias Desjardins, LCSW Address: Westwood, Pasadena, Cerritos, Orange, San Diego, Redlands, Palm Springs, and Hemet (call or go online for specific locations) Telephone: 888-288-1614 Web Site: www.WhatIsCoparenting.com Fee per parent per session: \$325-see discounts/sliding scale information online Language skills: English, limited Spanish Length of Program: 3 session program (10 hours). Executive format- parents complete the full program in one weekend (Sessions 1 & 2 on Saturday-Session 3 on Sunday) Attendance: Parents can attend together or separately Class size: Maximum of 16 # of years experience: 10+ in mental health</p> |
| Solutions for Families | <p>Coordinator: Lynn A. Gardiner, M.A., L.M.F.T. Address: 5175 E. Pacific Coast Highway, Ste. 304, Long Beach 90804 Telephone: 888-583-5437 E-mail: solutions4families.org Fee per parent per session: Part A: \$75; Part B:\$320; Part A for step parents: \$37.50 Language skills: Spanish Length of program: Part A: 3 hours; Part B: 3 sessions 3.5 hours each</p> |

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| | <p>Attendance: Part A: Parents together or separately; Part B: Parents together Class size: Up to 10 participants in Part B # of years experience: 19 years in mental health field</p> |
| <p>Valley Center for the Prevention of Family Violence</p> | <p>Coordinator: Virginia Baldioli, MA, MFCC, Director Address: 13655 Victory Blvd., Ste. 201, Van Nuys 91401 or 20944 Sherman Way, Ste. 209, Canoga Park 91303 Telephone: 818-786-2079 (Van Nuys) or 818-883-2132 (Canoga Park) E-mail: N/A Fee per parent per session: Sliding scale Language skills: English, Spanish Length of program: 6 weeks, 2 hour class Attendance: May require both parents to attend together, parents may attend together or separately, or parents may attend individually only. Class size: 15 # of years experience: 25</p> |